Students were incredible at food show

The fifth annual Kentucky Proud Incredible Food Show was again the place for the Sullivan Lexington culinary students and chef instructors to demonstrate their unique culinary skills. Held at the Lexington Convention Center at Rupp Arena, this year showcased the talents of celebrity chefs Jamie and Bobby Deen. Visitors and participants also enjoyed a full day of cooking demonstrations, seminars, and cookbook author signings. In The Marketplace, offered product samples and items for purchase by more than 100 vendors, including many Kentucky Proud members.

A chance for students to shine

Under the direction of Chef Instructor John Foster, Sullivan chief instructors and Culinary Arts students spent their time on the Ale 8 One Stage demonstrating educational programs, and participating in cooking competitions for the run of the show. The ever-popular Kentucky Proud Wake-Up Breakfast managed by Chef David Walls and his students fed more than 350 visitors and was a huge hit. Chef Mac McBride and his students presented holiday cocktail ideas to a large crowd who were also able try some of the libations. Chef Bill Hallman and Instructor Libby Allen showed the audience how to get dinner on the table in 15 minutes with three delicious recipes. Additional programs included a Pro-Am tournament and a presentation on the deconstruction of poultry. The day culminated with the Rumble at Rupp where four student teams competed in a mystery basket competition for another year’s worth of bragging rights.

Sullivan Chef Instructor Christopher Williams and Jonathan Doak