Both a student and an alum join literary ranks

Local writer gets inspiration from second graders

by Allie Darden, Career Services Specialist

Talk to La-Temus Marshall and you’ve spoken with someone who truly loves people. His generous spirit, openness, and ever-constant smile are tell-tale signs. His generous spirit, openness, and ever-constant smile are tell-tale signs. La-Temus tells the fictional story of the shambles of an American economy, crime, unemployment, and racism, and this is what Marshall calls “America’s Worst Nightmare.”

La-Temus Marshall is a 2000 graduate of Sullivan University and is a recipient of the Who’s Who Among College Students and the 110 Percent Award. His generous spirit, openness, and ever-constant smile are tell-tale signs.

“La-Temus Marshall is a 2000 graduate of Sullivan University and is a recipient of the Who’s Who Among College Students and the 110 Percent Award.”

Delighted by his daughter’s classmates

I sat down with Marshall to discuss his book and his plans for the future. He was at his daughter’s school to read for story-time, and it struck me that all children were happy playing together, regardless of race. “If only adults could be like that,” Marshall remembers. It was then that he decided to create something to force adults to be like that.

Challenge to write

Marshall admits that writing the book was challenging. He had the thoughts and ideas already facilitated, but he had to get it on paper. He didn’t have a computer at home, so he wrote it free-hand. It took over a year to finish the book.

While Marshall gives the inspirational credit to “those children in my daughter’s second grade class...” he also wants to give a shout-out to Sullivan University. He said, “without education, you have nothing,” and he is grateful to Sullivan for providing him with a solid education.

Sullivan goes Red

Above, left to right: Willie Burrow, Vivien Rau, Tommy Dial, RN from St. Joseph Hospital, Cesh Staley, and Michelle Literature discussed warming signs provided in the Go RED event. Inset, the irrepressible Tommy Jones, Associate Professor.

Sullivan University held its second annual GO RED Awareness day on campus. GO RED for Women is a program developed by the American Heart Association to provide education and awareness of heart disease. Tommy Dial, RN and Unit Manager of the Heart Institute Short Stay Unit at St. Joseph Hospital, Lexington, was the featured speaker providing educational information, literature, and free blood pressure screenings. Many of the presentation attendees were surprised to learn that heart disease is the number one killer of women, and discovered that there are a number of healthy choices people can practice to help prevent this disease.

Students supported the awareness of the day by wearing red and eating healthy snacks provided by Student Life who sponsored the programming. GO RED!

You’re never too old to learn

Though being an engaged current student and also leading a busy life, Jason Jackson found energy and motivation to pen his first book, Struggle Without A Cause. His book was so well received that it was accepted upon his first submission to the publisher. A business management student taking day and night classes, Jason found that writing was an experience that helped knit his life and story together.

Hillary Wirt, Sullivan librarian and student advocate, encouraged Jason to write and explore the potential of his book. She said, “It has been a pleasure to get to work with and know Jason, and I applaud him for his hard work and humble nature.” A brief book review from Wirt outlined Struggle Without A Cause. As Jason’s personal testimony of his faith in Jesus Christ and how that faith has changed his life. Reading his book is just like having a conversation with Jason; the reader feels like he is simply listening to Jason tell his story. Though he has struggled with different issues, just as everyone does, Jason’s transparency and frankness make his story accessible to read.

Congratulations to Jason on this literary accomplishment. We are looking forward to his second book.

Osher Lifelong Learning Institute (OLLI), has partnered with Sullivan’s National Center for Hospitality Studies to offer culinary demonstrations to 40 interested learners. The OLLI program provides educational opportunities within Lexington and central Kentucky to expand education to those “young of heart,” as a community outreach program. Chef Instructor John Foster, with a variety of new and seasoned student assistants, provide history, information and food demonstrations on International Cuisine. The OLLI program includes two five week sessions in the winter and summer quarters. Not only is this a great way for our culinary students to sharpen their skills, it also enhances their speaking skills as they field questions and compose immediate responses. David Tudor, Dean of Academic Affairs, has been instrumental in Sullivan’s educational tie with this program for the second year.

You’re never too old to learn

Alumni involved, too

Allison Sobacki and her husband, Charles, 2001 graduates of Sullivan University, also held two of the classes at the Doolin House Inn, their charming bed and breakfast in Somerset, Kentuck. The Sobaceks are active members of Lexington’s NCHS Advisory Board and continue to share knowledge and service by giving back to the community.

Sullivan got flockeded; pink flamingos invade campus

One of Sullivan Lexington’s favorite events was “Dress Down Day for Breast Cancer Awareness.” This event turned the campus pink for one day! A flock of pink plastic flamingos, more than 70 strong, landed on the main lawn! They were a charming addition and created quite a stir. On Wednesday, students had the option of dressing down if they wore pink, or if they made a donation to the American Cancer Society’s “Pink Flamingos For Life” campaign. Everyone on campus got involved in the fun. Faculty in the Medical program wore pink scrubs, the chefs dyed their torques pink, and students were everything pink under the sun, including pink cowboy boots! Sullivan’s campus raised more than $420 for the American Cancer Society in just one day.

Left to right: Mark Davis, Commissary Manager; Marka Adams, Admissions Officer for Graduate & International Studies; Sarah Downs, Admissions Officer; and student Wilson Egboudi; all participated in the Cancer Awareness Day by wearing ‘pink’.

Sullivan Life helps students hone dining etiquette

Lexington’s Early Childhood Education (ECE) students joined ECE students on Sullivan’s main campus in Louisville for a luncheon at Winston’s Restaruant to practice etiquette techniques they learned in classes. Proper manners and etiquette are important to practice and use on a daily basis for each of us. Students were served a delicious four course meal of soup, salad, entree and dessert. This was also a great opportunity for students and faculty from both campuses to interact with each other.

Left to right, front: Leah Pratt, Starr Ditman, Tara Wilson, Sarah Allman, India Hines, Mallory Nez, and Megan Hines. Back: Associate Professor Barbara Miles, Alisha Deviers, Amber lane, Marie Covey, Sheanna Evans, Alley Walling, Rebecca Walker, Maddie Yevoli, Diana Hartman, Jessica Williams, and Fashua Hunter.

“La-Temus Marshall is a 2000 graduate of Sullivan University and is a recipient of the Who’s Who Among College Students and the 110 Percent Award.”

You’re never too old to learn

Alumni involved, too

Allison Sobacki and her husband, Charles, 2001 graduates of Sullivan University, also held two of the classes at the Doolin House Inn, their charming bed and breakfast in Somerset, Kentuck. The Sobaceks are active members of Lexington’s NCHS Advisory Board and continue to share knowledge and service by giving back to the community.

Sullivan University

VOLUME 2011 • SUMMER

published by Sullivan University

LEXINGTON CAMPUS

2355 Herrmann Road

Lexington, Kentucky 40504

859-276-4357  •  800-467-8281

sullivan.edu

"You’re never too old to learn"

"I thought it was a great experience. I really enjoyed it.”

"I thought it was a wonderful idea. I had so much fun, I’d love to do it again. I’ll definitely do it again next year at Sullivan! I love this opportunity, it’s like a mini-matriculation."